

NBRC Lap Pool July 6 - 26

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00am			T]	
6:30am	Lap Swim 6:00-9:00	Lap Swim 6:00-5:45	Lap Swim 6:00-9:00		Lap Swim 6:00-9:00		
7:00am							
7:30am						Lap Swim 7:00-1:00	
8:00am							
8:30am							Lap Swim 8:00-1:00
9:00am	4 lanes open 9:00-10:00 Drop-in H ₂ 0 Fit Lap Swim		4 lanes open	Lap Swim 6:00-9:00	4 lanes open		
9:30am			9:00-10:00 Drop-in H ₂ 0 Fit		9:00-10:00 Drop-in H ₂ 0 Fit		
10:00am			Lap Swim				
10:30am	3 lanes open 10:30-11:30 BAM		3 lanes open		Lap Swim 10:00-7:00		
11:00am			10:30-11:30 BAM				
11:30am	Lap Swim 11:30-5:30		Lap Swim 11:30-3:00				
12:00pm							
12:30pm							
1:00pm						4 lanes open 1:00-4:00 Open Swim, Drop Slide, & Diving Board	4 lanes open 1:00-4:00 Open Swim, Drop Slide, & Diving Board
1:30pm							
2:00pm							
2:30pm							
3:00pm			4 lanes open 3:00-5:00 Flatirons				
3:30pm							
4:00pm						Lap Swim 4:00-6:30	Lap Swim 4:00-7:30
4:30pm							
5:00pm			Lap Swim				
5:30pm	6 lanes open Lessons	4 lanes open 5:45-6:45 Drop-in Zumba	6 lanes open Lessons				
6:00pm	3-4 lanes open 6:00-8:00 RevRun, Aqua Fitness, Lessons		Lap Swim 6:05-6:45				
6:30pm		Lap Swim 6:45-9:00	7 lanes open Lessons				
7:00pm			Lap Swim 7:15-9:00				
7:30pm							
8:00pm	Lap Swim 8:00-9:00						
8:30pm							
9:00pm							

"Lanes open" indicates lanes open to the public.

POOL SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME

For more information call 303-413-7260 or go to www.boulderaquatics.org